

The Illumination of the Mind's Eye

Flashback Pre-3000: Remembering the Destruction

Nothing in life exists without loss. There is a constant ebb and flow, give and take, breathe in and out, that constitutes the natural rhythm of life. Before the Great Awakening of the Third Eye the struggle against this rhythm within the human psyche caused irrevocable loss. There was a war over power caused by the illusion that domination would fulfill some great destiny, when in reality, the ultimate destiny is death. The fear humans possessed over death was a catalyst to the creation of a world full of barriers, walls, prejudice, hatred and division. Fear run ramped in the human psyche resulted in a deep disconnection from the self and loss of guidance from intuition or the Third Eye. Fear clouded any clarity that one possessed of their true nature rooted in love and resulted in the formation of the other. There was an extreme attachment to identity and boxes and categories clamped tightly to the mind. When one did not fit into the categories of another, judgement flourished and an obsession to establish rules and regulations aiming at an absolute way of doing became the way. There was only room for two genders in this black and white world, male or female, and when bodies didn't fit into either gender, they were wrong. Romantic love could only happen between a male and female and any other forms were less, fantasy or perverse. Sexual desire was to be kept under control and usually resulted in violence from the restraint. The main control over bodies, sexuality, and overall being were institutions like government, religion, law, education, and medicine. These institutions were looked to for everything that had to do with being human and people lost their ability to think for themselves. The institutions used manipulation tactics through media, consumerism, and lies to hold people in a helpless state and under their control. Humans were walking the earth unable to

freely express who they truly are, completely disconnected from their bodies and spiritual beings. The suppression of anger and hostility caused great tension in bodies and it had to overflow. Those who possessed the most power, leaders, politicians, and the elite were so blinded by their obsession and illusion that power had some immortal value, with no mercy ended it all. Every weapon ever created to protect from the other was used and mass destruction ensued. The world was lit up in bombs, fire, and gunshots, resulting in nearly the entire population being wiped out. Though tragic, it was the only way the illusion could be lifted and the natural rhythm of life restored. Humans began to pick up the pieces and their Third Eye vision restored.

Connections were made between the survivors in a foundation of love because there truly was no other choice. The deepest depths of pain had been felt and the only way to survive was to love. Love being defined as the nurturing of life, spiritually, emotionally physically and psychologically. Beings began to put all of their energy into the betterment of themselves and each other, moving into The Great awakening of the Third Eye.

The Great Awakening of the Mind's Eye

The year is 3000 and the world has taken a turn for the uplift of all humankind. Walls have been broken down, borders erased, religion turned to universal spirituality, and the existence of only one race, human. The awakening has been called The Illumination of the Mind's Eye, in which the true essence of being human, love, emerged from the depths of souls and the interconnection of life unable to be ignored. Humans have reached a higher consciousness with the awakening of The Great Third Eye, and the barriers that historically divided the mind resulting in a division between people have been lifted, and clarity of oneness established into a collective reality. The path to the great awakening was tumultuous, and the past never ignored to honor the growth that has occurred and to remember the roots that have

shaped human evolution. The past, however, is never used as a weapon and more considered a component in the structure of human experience. It is important to remember that many lost their lives, homes, realities and identities for the paradigm shift to occur, and the pain that comes with the loss is always acknowledged and accepted, versus suppressed and shamed. All emotions are honored within the human spectrum and the world has been become a canvas of creativity. The fuel of art is rooted in love and how one expresses their love is never judged. Gender has been erased and people just are. There are no absolute definitions or identities as the Third Eye has taught that just as life is in constant motion, human beings are in constant evolution. Confining to one identity only limits one from cultivating higher levels of consciousness and experiencing unrestrained love. Relationships are fluid and because all is connected, all life is in relationship with one another. Nothing exists entirely alone, and all take responsibility for the survival of all life on earth. From the plants, animals, rivers and oceans, to new born life and the elderly, all is equal.

With new levels of consciousness reached, humans have tapped into their subtle body channels and bodies reflecting their chakras, or energy wheels. Each human possesses a body with seven chakras that are the vibrant colors of the rainbow. The first is located at the base of the spine burns red, the second at the center of the pelvis shines orange, third at solar plexus is yellow, fourth is green at the heart, fifth blue located at the throat, sixth is indigo on the third eye and seventh violet at the crown of the skull. Each chakra represents a different stage of physical and psychological development that must be nurtured and aligned for energy to flow fluidly through them. This takes introspection through meditation to see clearly where each chakra is potentially deficient, excessive, or balanced. The seven chakras also represent a basic human right that promote healthy expression of being human. Chakra one represents the right to be here,

two is the right to feel, three is the right to act, four the right to love, five the right to speak, six the right to see and seven the right to know. It is known that the expression of these rights is subjective and how one chooses to see, speak or feel is embraced by all, and if found different from another received in a reflective, positive manner. There are two energy currents moving up towards the crown chakra and down towards the root chakra that spin the wheels and perpetuate them to work together. The current pulling up works towards expansion, freedom and transcendence, while the current pulling down connects one to physical body and soul. Chakras five through seven constitute human perception, while chakras one through four embody what is perceived. All chakras move through the heart chakra to conceptualize human movement, action and emotion, which sets the foundation for loving relationships. The currents of energy were unblocked during the awakening and the control of conception was released being housed in the logic of the mind and moved back into the heart.

The heart chakra, or anahata chakra, represents finding the balance in love. Prior to the awakening the heart chakra was deeply wounded and in protection of the heart, walls built, weapons drawn, and segregation acted out. However, it is impossible to deny the true nature of being that is rooted in compassion, love and unity. The attempts to bury the innate essence of the heart only opens the wound wider and further disconnects mind, body and spirit. When the heart chakra is unobstructed, wholeness is embodied, and unity internally and externally obtained. In the new world, the heart chakra is alive with shades of green. Radiating out and promoting harmony within loving relationships between all. Love is giving, expansive, nurturing and unrestrained. Relationships are open, communicative, supportive and collaborative. Without strictly defined gender, sexuality and ways of being in relationship, people are free to love and be loved as they please.

Love and its elusiveness are the innate representation of what it means to be human. Encompassing the multi-faceted complexity that is being and experience, love binds it all together as the primordial glue of existence. Without love there is hate, anger, tension, division and confusion that manifests into the wars, violence, and power-hungry humans that made up the world before The Illumination of the Third Eye. With love in its purest form, the unification of all creation radiates through life and creates a world of fluidity and balance. The world that is now in existence through awakening, acceptance and transcendence into higher states of being. An evolution that is infinite when aligned with the natural rhythms of the universe. Movement that is in constant ebb and flow with the fluidity life and death.
