



Using Storytelling as a Supervisory Technique

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Fun Facts about me



Objectives

Articulate the value of storytelling as a supervision method for imparting wisdom and perspective.




Discuss the concept of “wounded healers” and its relevance in social work supervision.



Summarize the strengths of supervision models built on transparency, empathy, and compassion.





Storytelling in Social Work Practice

“Our lives are ceaselessly intertwined with narrative, with the stories we tell and hear told, those we dream or imagine or would like to tell, all of which are reworked in the story of our own lives that we narrate to ourselves” (White & Epston, 1990).



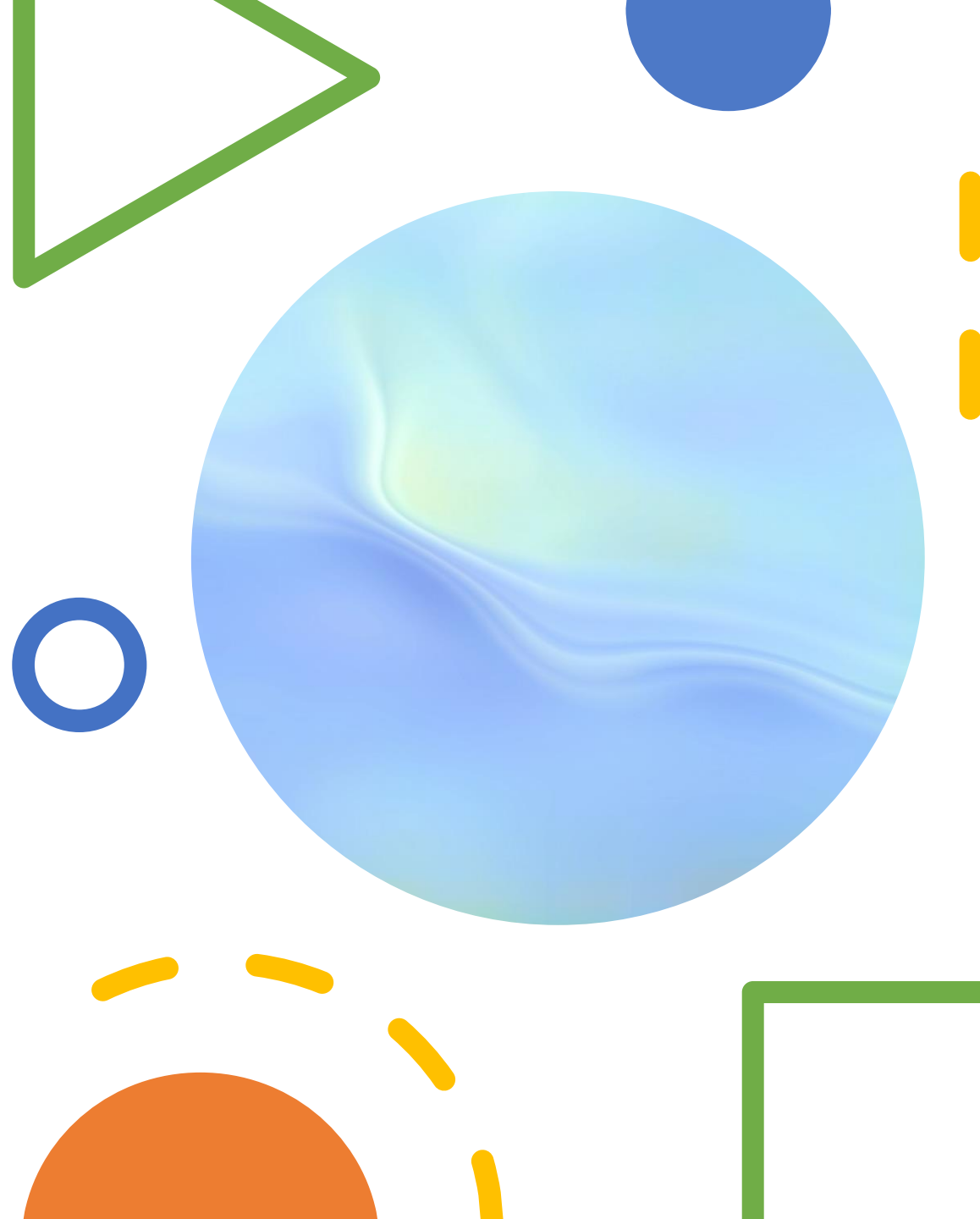
Using Storytelling in Supervision



Help you draw out stories that you've held on and prevented you from moving on in your life



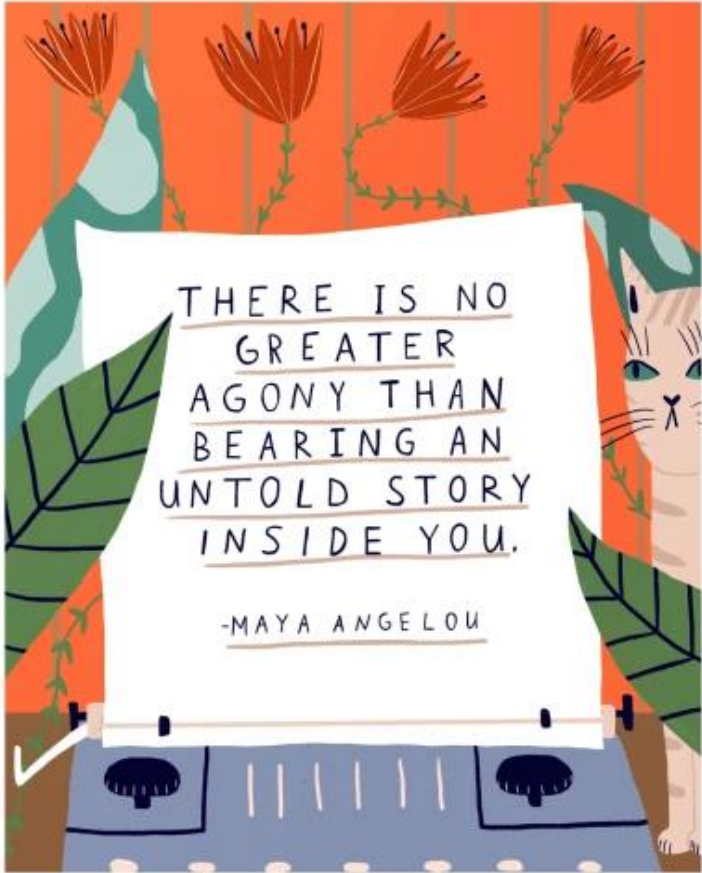
"Change your life narrative," by helping reshape your perspective of yourself and the environment around you.



Strengths of Using Storytelling in Supervision



Developing transparency, empathy, and compassion.



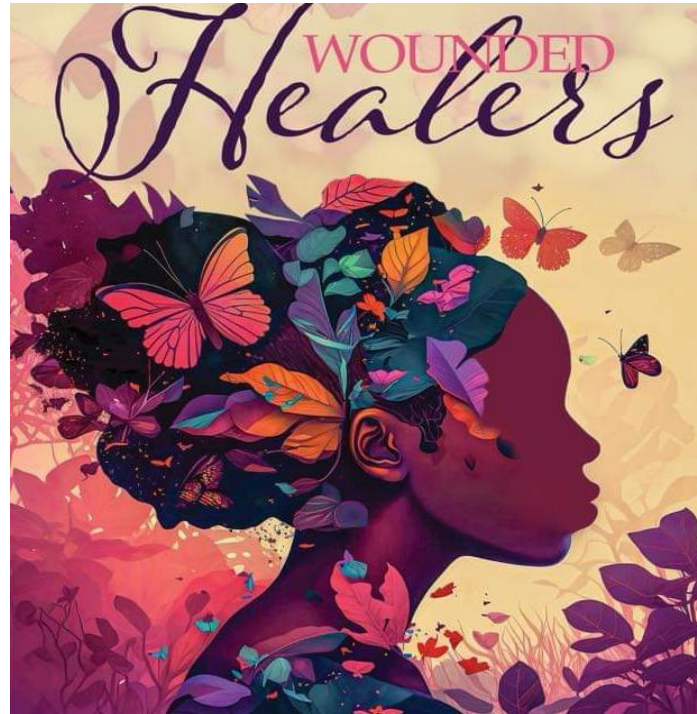
THERE IS NO
GREATER
AGONY THAN
BEARING AN
UNTOLD STORY
INSIDE YOU.

-MAYA ANGELOU

The illustration features a white rectangular sign with a quote by Maya Angelou. The sign is held up by two small black clips. Behind the sign, a light-colored cat with green eyes is peeking out from behind a large green leaf. The background is a vibrant orange with stylized green leaves and red, spiky plants. The entire scene is set against a light gray background with blue and yellow geometric shapes in the corners.

-MAYA ANGELOU

The “Wounded Healer”



References

[Social Work](#) *From Theory to Practice*, pp. 124 - 144

DOI: <https://doi.org/10.1017/CBO9781139192521.007>[Opens in a new window]


Publisher: Cambridge University Press Print publication year: 2011


Sommer, C. A., Derrick, E. C., Bourgeois, M. B., Ingene, D. H., Yang, J. W., & Justice, C. A. (2009). Multicultural connections: Using stories to transcend cultural boundaries in supervision. *Journal of Multicultural Counseling and Development*, **37**, 206–218.

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White, M., & Epston, D. (1990). *Narrative means to therapeutic ends*. New York: W. W. Norton & Company.

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- 
- Omekio's Purse
 - Bounce Back Girl
 - Wounded Healers

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- Books can be found on Amazon