## **Statistical Methods**

#### Nels Grevstad

Metropolitan State University of Denver

ngrevsta@msudenver.edu

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Nels Grevstad

## Topics



Identifying Causality: Experiments vs Observational Studies

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### 2 Paired t Test for Two Population Means $\mu_1$ and $\mu_2$





#### Objectives:

- Identify potentially confounding variables (in observational studies).
- Carry out a paired *t* test for two population means.
- Compute and interpret a paired *t* CI for the difference between two population means.

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# Identifying Causality: Experiments vs Observational Studies

 Many studies are carried out to examine whether two variables (called <u>explanatory</u> and <u>response</u> variables) are related to each other. For example:

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  - Does a person's income (response) depend on their gender (explanatory variable)?

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# Identifying Causality: Experiments vs Observational Studies

- Many studies are carried out to examine whether two variables (called <u>explanatory</u> and <u>response</u> variables) are related to each other. For example:
  - Does a person's income (response) depend on their gender (explanatory variable)?
  - Does a person's risk of colon cancer (response) depend on their diet (explanatory variable)?

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  - **Observational study**: The investigator merely **observes** whether the two variables vary together.

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A **deliberate attempt** is made to **induce changes** in the response variable.

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### An observational study (by itself) can't establish cause and effect.

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### An observational study (by itself) can't establish cause and effect.

Such studies suffer from the possible presence of variables whose effects on the response are *confounded* with the effect (if any) of the explanatory variable.

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#### Exercise

An **observational study** showed that people who eat foods rich in antioxidants (such as fruits and vegetables) have lower rates of colon cancer than those who don't eat such foods.

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a) Can we conclude that eating such foods reduces the risk of colon cancer?

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- a) Can we conclude that eating such foods reduces the risk of colon cancer?
- b) List a few possible **confounding** variables that might explain the lower rates of colon cancer.

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#### Exercise

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- a) Can we conclude that eating such foods reduces the risk of colon cancer?
- b) List a few possible **confounding** variables that might explain the lower rates of colon cancer.

**Hint**: Try to identify **other** ways in which people who eat lots of fruits and vegetables might differ from people who don't.

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To establish cause and effect, we need to carry out an experiment.

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#### Example

In a clinical trial (**experiment** on human subjects) to investigate whether dietary antioxidants (vitamins A, C, and E) would lower colon cancer rates, **864** subjects were **randomized** to four treatment groups given different amounts of antioxidants:

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Group 1: Daily beta carotene (vitamin A) Group 2: Daily vitamins C and E Group 3: All three vitamins daily Group 4: No vitamin supplements.

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In a clinical trial (**experiment** on human subjects) to investigate whether dietary antioxidants (vitamins A, C, and E) would lower colon cancer rates, **864** subjects were **randomized** to four treatment groups given different amounts of antioxidants:

Group 1: Daily beta carotene (vitamin A) Group 2: Daily vitamins C and E Group 3: All three vitamins daily Group 4: No vitamin supplements.

After four years, researchers were surprised to find no significant difference in colon cancer among these groups.

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- Note:
  - Randomization produces groups that are similar with respect to variables whose effects might otherwise be confounded with antioxidant intake (e.g. amount of exercise, smoking and drinking status, etc.).

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- Note:
  - Randomization produces groups that are similar with respect to variables whose effects might otherwise be confounded with antioxidant intake (e.g. amount of exercise, smoking and drinking status, etc.).
  - 2. **Before** imposing treatments, any differences across groups in propensity for developing colon cancer would be due to **chance**.

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- Note:
  - Randomization produces groups that are similar with respect to variables whose effects might otherwise be confounded with antioxidant intake (e.g. amount of exercise, smoking and drinking status, etc.).
  - 2. **Before** imposing treatments, any differences across groups in propensity for developing colon cancer would be due to **chance**.
  - 3. Therefore, **after** imposing treatments, any **statistically significant differences** in colon cancer rates could be attributed the **effects** of the treatments (antioxidants).

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## Paired t Test for Two Population Means $\mu_1$ and $\mu_2$

#### **Paired Samples Study Designs**

• The *paired* t *test* is used with two samples collected using a *paired samples study design*.

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#### Exercise

An **experiment** is to be carried out to compare the amount of wear using two different materials for soles of boys' shoes.

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**Independent Samples Study Design**: Randomly split twenty boys into two treatment groups of size ten, one receiving shoes with **material A** and the other shoes with **material B**.

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**Independent Samples Study Design**: Randomly split twenty boys into two treatment groups of size ten, one receiving shoes with **material A** and the other shoes with **material B**.

**Paired Samples Study Design**: Give each of ten boys one shoe made with **material A** and the other with **material B**. Randomly choose which shoe (left or right) gets which material.

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Which study design is preferred? Why?

 Because boys spend different amounts of time on their feet and run, walk, and play differently, the amount of **shoe** wear will vary from one boy to the next.

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## Paired t Test

 Suppose we have two samples from a paired samples study design.

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## Paired t Test

- Suppose we have two samples from a **paired samples** study design.
- We'll see how to use the samples to decide if the two population means μ<sub>1</sub> and μ<sub>2</sub> are different.

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## Paired t Test

- Suppose we have two samples from a **paired samples** study design.
- We'll see how to use the samples to decide if the two population means μ<sub>1</sub> and μ<sub>2</sub> are different.
- We denote the first sample by  $X_1, X_2, ..., X_n$  and the second by  $Y_1, Y_2, ..., Y_n$ , where each  $X_i$  is **paired** with it's corresponding  $Y_i$ .

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 The null hypothesis is that no difference between the population means μ<sub>1</sub> and μ<sub>2</sub>:

Null Hypothesis:

$$H_0: \mu_1 - \mu_2 = 0$$

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• The **alternative hypothesis** will depend on what we're trying to "prove":

**Alternative Hypothesis**: The alternative hypothesis will be one of

- 1.  $H_a: \mu_1 \mu_2 > 0$  (one-sided, upper-tailed)
- 2.  $H_a: \mu_1 \mu_2 < 0$  (one-sided, lower-tailed)
- 3.  $H_a: \mu_1 \mu_2 \neq 0$  (two-sided, two-tailed)

depending on what we're trying to verify using the data.

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## • Consider the *n* differences

$$D_1 = X_1 - Y_1$$
$$D_2 = X_2 - Y_2$$
$$\vdots$$
$$D_n = X_n - Y_n$$

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## Example

## Here are the data on amount of wear in soles of boys shoes.

Boy	Material B	Material A	Difference
1	14.0	13.2	0.8
2	8.8	8.2	0.6
3	11.2	10.9	0.3
4	14.2	14.3	-0.1
5	11.8	10.7	1.1
6	6.4	6.6	-0.2
7	9.8	9.5	0.3
8	11.3	10.8	0.5
9	9.3	8.8	0.5
10	13.6	13.3	0.3
	$\bar{X} = 11.04$	$\bar{Y} = 10.63$	$\bar{D} = 0.41$
	$s_x = 2.52$	$s_y = 2.45$	$s_D = 0.39$

We considered D<sub>1</sub>, D<sub>2</sub>,..., D<sub>n</sub> to be a single random sample from a *population of differences* whose mean is μ<sub>d</sub>.

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# Equivalent Ways of Stating the Hypotheses

Proposition

 $\mu_d$  is related to  $\mu_1$  and  $\mu_2$  as follows.

 $\mu_d = \mu_1 - \mu_2.$ 

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## • The above fact holds because

$$\mu_d = E(D_i) = E(X_i - Y_i),$$

and  $X_i - Y_i$  is a **linear combination** of  $X_i$  and  $Y_i$ , so

$$E(X_i - Y_i) = E(X_i) - E(Y_i) = \mu_1 - \mu_2.$$

• Hypotheses about  $\mu_1 - \mu_2$  can be written in terms of  $\mu_d$ :

Hypothesis	Equivalent	
about $\mu_1$ and $\mu_2$	Hypothesis about $\mu_d$	
$H_0: \mu_1 - \mu_2 = 0$	$H_0: \mu_d = 0$	
$H_a:\mu_1-\mu_2>0$	$H_a: \mu_d > 0$	
$H_a:\mu_1-\mu_2<0$	$H_a: \mu_d < 0$	
$H_a: \mu_1 - \mu_2 \neq 0$	$H_a: \mu_d \neq 0$	

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Paired t Test Statistic for  $\mu_1 - \mu_2$  (or  $\mu_d$ ):

$$\Gamma = \frac{\bar{D} - \mu_d}{S_D / \sqrt{n}} \,,$$

where  $\bar{D}$  and  $S_D$  are the sample mean and sample standard deviation of the differences  $D_1, D_2, \ldots, D_n$ .

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Paired *t* Test Statistic for  $\mu_1 - \mu_2$  (or  $\mu_d$ ):

$$\Gamma = \frac{\bar{D} - \mu_d}{S_D / \sqrt{n}} \,,$$

where  $\bar{D}$  and  $S_D$  are the sample mean and sample standard deviation of the differences  $D_1, D_2, \ldots, D_n$ .

• t is just the **one-sample** t **test statistic** for a test of  $\mu_d$ .

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• Now suppose either the sample of **differences** is from a  $N(\mu_d, \sigma_d)$  population or n is *large*.

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• Now suppose either the sample of **differences** is from a  $N(\mu_d, \sigma_d)$  population or *n* is *large*.

In this case, the sampling distribution of the test statistic is as follows.

Sampling Distribution of the Test Statistic Under  $H_0$ : If *t* is the paired *t* test statistic, then when

$$H_0: \mu_1 - \mu_2 = 0$$
 (or  $H_0: \mu_d = 0$ )

is true,

$$t \sim t(n-1).$$

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# • The t(n-1) curve gives us:



- The t(n-1) curve gives us:
  - The *rejection region* as the extreme 100α% of t values (in the direction(s) specified by H<sub>a</sub>).

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- The t(n-1) curve gives us:
  - The *rejection region* as the extreme 100α% of t values (in the direction(s) specified by H<sub>a</sub>).
  - The *p-value* as the tail area(s) beyond the observed t value (in the direction(s) specified by  $H_a$ ).

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## • Comment: Sometimes we want to test

$$H_0: \mu_d = \Delta_0$$

where  $\Delta_0$  is some non-zero value. In this case the test statistic is

$$T = \frac{D - \Delta_0}{S_D / \sqrt{n}},$$

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which follows a t(n-1) distribution when  $H_0$  is true.

# Exercise

Here (again) are the data on amount of wear in soles of boys shoes.

Boy	Material B	Material A	Difference
1	14.0	13.2	0.8
2	8.8	8.2	0.6
3	11.2	10.9	0.3
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	$s_x = 2.52$	$s_y = 2.45$	$s_D = 0.39$

# A histogram of the n = 10 differences suggests the normality assumption is tenable.



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# a) Carry out a **paired** *t* **test**, with $\alpha = 0.05$ , to decide if there's **any difference** in wear for the two the materials.

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a) Carry out a **paired** *t* **test**, with  $\alpha = 0.05$ , to decide if there's **any difference** in wear for the two the materials.

Hint: You should get *t* = **3.324** and **p-value** = **0.0089**.

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a) Carry out a **paired** t **test**, with  $\alpha = 0.05$ , to decide if there's **any difference** in wear for the two the materials.

Hint: You should get *t* = **3.324** and **p-value** = **0.0089**.

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b) If you found a difference in Part *a*, which material is preferred?

• The differences  $D_1, D_2, \ldots, D_n$  will be normally distributed if the  $X_i$ 's and  $Y_i$ 's are drawn from normal populations.

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The differences D<sub>1</sub>, D<sub>2</sub>,..., D<sub>n</sub> will be normally distributed if the X<sub>i</sub>'s and Y<sub>i</sub>'s are drawn from normal populations.

Proposition

Suppose  $X_i \sim N(\mu_1, \sigma_1)$  and  $Y_i \sim N(\mu_2, \sigma_2)$ . Let

$$D_i = X_i - Y_i.$$

Then

$$D_i \sim \mathsf{N}(\mu_d, \sigma_d)$$

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where  $\mu_d = \mu_1 - \mu_2$  (and  $\sigma_d$  is discussed later).

 The above fact holds because linear combinations of normally distributed random variables are normally distributed (and X<sub>i</sub> - Y<sub>i</sub> is a linear combination of X<sub>i</sub> and Y<sub>i</sub>).

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# (Optional Section) Advantage of Matched Pairs Study Designs

## Proposition

It can be shown that

$$\bar{D} = \bar{X} - \bar{Y},$$

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where  $\bar{D}$  is the sample mean of  $D_1, D_2, \ldots, D_n$  and  $\bar{X}$  and  $\bar{Y}$  are the sample means of  $X_1, X_2, \ldots, X_n$  and  $Y_1, Y_2, \ldots, Y_n$ .

• Compare the **paired** *t* and **two-sample** *t* **test statistics** (when *m* = *n*):

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Paired t Test Statistic:

**Two-Sample** *t* **Test Statistic**:

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$$T = \frac{\bar{X} - \bar{Y} - 0}{S_D / \sqrt{n}} \qquad \qquad T = \frac{\bar{X} - \bar{Y} - 0}{\sqrt{S_1^2 / n + S_2^2 / n}}$$

It can be shown that usually  $S_D^2 < S_1^2 + S_2^2$ 

• Compare the **paired** *t* and **two-sample** *t* **test statistics** (when *m* = *n*):

Paired t Test Statistic:Two-Sample t Test Statistic: $T = \frac{\bar{X} - \bar{Y} - 0}{S_D / \sqrt{n}}$  $T = \frac{\bar{X} - \bar{Y} - 0}{\sqrt{S_1^2 / n + S_2^2 / n}}$ 

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It can be shown that usually  $S_D^2 < S_1^2 + S_2^2$ 

(because 
$$\sigma_d^2 = \sigma_1^2 + \sigma_2^2 - \rho \sigma_1 \sigma_2$$
, where  $0 < \rho < 1$ ).

## Example

The figure below shows two representations of the data from the study comparing two materials for soles of boys shoes.



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## Compare:

Material A:	Material B:	Differences
$S_1^2 = 6.35$	$S_2^2 = 6.00$	$S_D^2 = 0.15$

## Compare:

 Two-Sample t:

 t = 0.37 

 df = 17

 p-value = 0.7165

# Paired t:

t = 3.32

$$df = 9$$

 $p\text{-value}\,=\,0.0089$ 

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# Paired *t* Confidence Interval for $\mu_1 - \mu_2$

**Paired** *t* **CI**: When the differences  $D_1, D_2, \ldots, D_n$ in **paired samples** can be treated as a sample from a population whose mean is  $\mu_d$  (=  $\mu_1 - \mu_2$ ) a  $\frac{100(1 - \alpha)\% \text{ paired t confidence interval for } \mu_1 - \mu_2}{\text{is:}}$  $\bar{D} \pm t_{\alpha/2,n-1} \cdot \frac{S_D}{\sqrt{n}}$ .

• The CI is valid if either the sample of **differences** is from a **normal** population or *n* **is large**.

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• In either case, we can be  $100(1 - \alpha)\%$  confident that  $\mu_1 - \mu_2$  will be contained in the CI.

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- In either case, we can be  $100(1 \alpha)\%$  confident that  $\mu_1 \mu_2$  will be contained in the CI.
- The CI is just the **one-sample** t **CI** based on the **differences**.

## Exercise

For the boys' shoe wear data set, the **sample mean** and **standard deviation** of the **differences** was

$$\bar{D} = 0.41$$
 and  $S_D = 0.39$ .

a) Give the (point) **estimate** of the true difference in means  $\mu_1 - \mu_2$  (or  $\mu_d$ ).

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a) Give the (point) **estimate** of the true difference in means  $\mu_1 - \mu_2$  (or  $\mu_d$ ).

b) Compute a 95% paired t CI for  $\mu_1 - \mu_2$  (or  $\mu_d$ ).

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b) Compute a 95% paired t CI for  $\mu_1 - \mu_2$  (or  $\mu_d$ ).

Hint: Using  $t_{0.025,9} = 2.262$ , you should get (0.116, 0.704).
Identifying Causality: Experiments vs Observational Studies Paired t Test for Two Population Means  $\mu_1$  and  $\mu_2$ Paired t Confidence Interval

## Exercise

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Hint: Using  $t_{0.025,9} = 2.262$ , you should get (0.116, 0.704).

c) Does the CI contain the value **zero**? What does this say about the shoe wear for the two materials?