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## Statistical Methods

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September 12, 2019

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## Topics

- 1 Identifying Causality: Experiments vs Observational Studies
- 2 Paired  $t$  Test for Two Population Means  $\mu_1$  and  $\mu_2$
- 3 Paired  $t$  Confidence Interval

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## Objectives

### Objectives:

- Identify potentially confounding variables (in observational studies).
- Carry out a paired  $t$  test for two population means.
- Compute and interpret a paired  $t$  CI for the difference between two population means.

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## Identifying Causality: Experiments vs Observational Studies

- Many studies are carried out to examine whether two variables (called **explanatory** and **response** variables) are **related** to each other. For example:
  - Does a person's income (response) depend on their gender (explanatory variable)?
  - Does a person's risk of colon cancer (response) depend on their diet (explanatory variable)?

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- Such studies can be either of two types:
  - **Observational study:** The investigator merely **observes** whether the two variables vary together.  
**No attempt** is made to **induce changes** in the response variable.
  - **Experiment:** **Treatments** are **imposed** on individuals.  
A **deliberate attempt** is made to **induce changes** in the response variable.

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- An **observational study** (by itself) **can't** establish **cause and effect**.  
Such studies suffer from the possible presence of variables whose effects on the response are **confounded** with the effect (if any) of the explanatory variable.

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#### Exercise

An **observational study** showed that people who eat foods rich in antioxidants (such as fruits and vegetables) have lower rates of colon cancer than those who don't eat such foods.

- a) Can we conclude that eating such foods **reduces** the risk of colon cancer?
- b) List a few possible **confounding** variables that might explain the lower rates of colon cancer.

**Hint:** Try to identify **other** ways in which people who eat lots of fruits and vegetables might differ from people who don't.

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- To establish **cause and effect**, we need to carry out an **experiment**.

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### Example

In a clinical trial (**experiment** on human subjects) to investigate whether dietary antioxidants (vitamins A, C, and E) would lower colon cancer rates, **864** subjects were **randomized** to four treatment groups given different amounts of antioxidants:

Group 1: Daily beta carotene (vitamin A)

Group 2: Daily vitamins C and E

Group 3: All three vitamins daily

Group 4: No vitamin supplements.

After four years, researchers were surprised to find no significant difference in colon cancer among these groups.

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• Note:

1. **Randomization** produces groups that are **similar** with respect to variables whose effects might **otherwise** be **confounded** with antioxidant intake (e.g. amount of exercise, smoking and drinking status, etc.).
2. **Before** imposing treatments, any differences across groups in propensity for developing colon cancer would be due to **chance**.
3. Therefore, **after** imposing treatments, any **statistically significant differences** in colon cancer rates could be attributed the **effects** of the treatments (antioxidants).

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## Paired $t$ Test for Two Population Means $\mu_1$ and $\mu_2$

### Paired Samples Study Designs

- The **paired  $t$  test** is used with two samples collected using a **paired samples study design**.

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### Exercise

An **experiment** is to be carried out to compare the amount of wear using two different materials for soles of boys' shoes.

**Independent Samples Study Design:** Randomly split twenty boys into two treatment groups of size ten, one receiving shoes with **material A** and the other shoes with **material B**.

**Paired Samples Study Design:** Give each of ten boys one shoe made with **material A** and the other with **material B**. Randomly choose which shoe (left or right) gets which material.

Which study design is preferred? Why?

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- Because boys spend different amounts of time on their feet and run, walk, and play differently, the amount of **shoe wear** will **vary** from one boy to the next.
- In the **paired samples study design**, each boy serves as his own **control** (or **comparison**) – the amount of time he spends on his feet and the way he runs, walks, and plays affects both feet equally.

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## Paired $t$ Test

- Suppose we have two samples from a **paired samples study design**.
- We'll see how to use the samples to decide if the two **population means**  $\mu_1$  and  $\mu_2$  are different.
- We denote the first sample by  $X_1, X_2, \dots, X_n$  and the second by  $Y_1, Y_2, \dots, Y_n$ , where each  $X_i$  is **paired** with its corresponding  $Y_i$ .

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- The **null hypothesis** is that no difference between the population means  $\mu_1$  and  $\mu_2$ :

**Null Hypothesis:**

$$H_0 : \mu_1 - \mu_2 = 0$$

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- The **alternative hypothesis** will depend on what we're trying to "prove":

**Alternative Hypothesis:** The alternative hypothesis will be one of

1.  $H_a : \mu_1 - \mu_2 > 0$       **(one-sided, upper-tailed)**
2.  $H_a : \mu_1 - \mu_2 < 0$       **(one-sided, lower-tailed)**
3.  $H_a : \mu_1 - \mu_2 \neq 0$       **(two-sided, two-tailed)**

depending on what we're trying to verify using the data.

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- Consider the  $n$  differences

$$\begin{aligned} D_1 &= X_1 - Y_1 \\ D_2 &= X_2 - Y_2 \\ &\vdots \\ D_n &= X_n - Y_n \end{aligned}$$

### Example

Here are the data on amount of wear in soles of boys shoes.

Boy	Material B	Material A	Difference
1	14.0	13.2	0.8
2	8.8	8.2	0.6
3	11.2	10.9	0.3
4	14.2	14.3	-0.1
5	11.8	10.7	1.1
6	6.4	6.6	-0.2
7	9.8	9.5	0.3
8	11.3	10.8	0.5
9	9.3	8.8	0.5
10	13.6	13.3	0.3
$\bar{X} = 11.04$		$\bar{Y} = 10.63$	$\bar{D} = 0.41$
$s_x = 2.52$		$s_y = 2.45$	$s_D = 0.39$

- We considered  $D_1, D_2, \dots, D_n$  to be a **single random sample** from a **population of differences** whose mean is  $\mu_d$ .

### Equivalent Ways of Stating the Hypotheses

#### Proposition

$\mu_d$  is related to  $\mu_1$  and  $\mu_2$  as follows.

$$\mu_d = \mu_1 - \mu_2.$$

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- The above fact holds because

$$\mu_d = E(D_i) = E(X_i - Y_i),$$

and  $X_i - Y_i$  is a **linear combination** of  $X_i$  and  $Y_i$ , so

$$E(X_i - Y_i) = E(X_i) - E(Y_i) = \mu_1 - \mu_2.$$

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- Hypotheses about  $\mu_1 - \mu_2$  can be written in terms of  $\mu_d$ :

Hypothesis about $\mu_1$ and $\mu_2$	Equivalent Hypothesis about $\mu_d$
$H_0 : \mu_1 - \mu_2 = 0$	$H_0 : \mu_d = 0$
$H_a : \mu_1 - \mu_2 > 0$	$H_a : \mu_d > 0$
$H_a : \mu_1 - \mu_2 < 0$	$H_a : \mu_d < 0$
$H_a : \mu_1 - \mu_2 \neq 0$	$H_a : \mu_d \neq 0$

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**Paired  $t$  Test Statistic for  $\mu_1 - \mu_2$  (or  $\mu_d$ ):**

$$T = \frac{\bar{D} - \mu_d}{S_D / \sqrt{n}},$$

where  $\bar{D}$  and  $S_D$  are the **sample mean** and **sample standard deviation** of the **differences**  $D_1, D_2, \dots, D_n$ .

- $t$  is just the **one-sample  $t$  test statistic** for a test of  $\mu_d$ .

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- Now suppose either the sample of **differences** is from a  $N(\mu_d, \sigma_d)$  population or  $n$  is **large**.

In this case, the sampling distribution of the test statistic is as follows.

**Sampling Distribution of the Test Statistic Under  $H_0$ :**

If  $t$  is the paired  $t$  test statistic, then when

$$H_0 : \mu_1 - \mu_2 = 0 \quad (\text{or } H_0 : \mu_d = 0)$$

is true,

$$t \sim t(n - 1).$$

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- The  $t(n - 1)$  curve gives us:
  - The **rejection region** as the **extreme 100 $\alpha$ % of  $t$  values** (in the direction(s) specified by  $H_a$ ).
  - The  **$p$ -value** as the **tail area(s) beyond the observed  $t$  value** (in the direction(s) specified by  $H_a$ ).

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- Comment:** Sometimes we want to test

$$H_0 : \mu_d = \Delta_0$$

where  $\Delta_0$  is some non-zero value. In this case the test statistic is

$$T = \frac{\bar{D} - \Delta_0}{S_D / \sqrt{n}},$$

which follows a  $t(n - 1)$  distribution when  $H_0$  is true.

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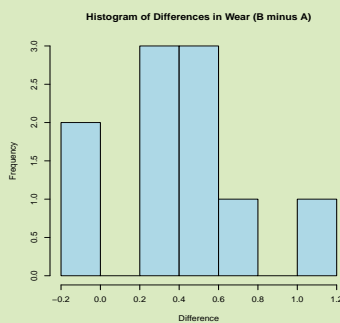
### Exercise

Here (again) are the data on amount of wear in soles of boys shoes.

Boy	Material B	Material A	Difference
1	14.0	13.2	0.8
2	8.8	8.2	0.6
3	11.2	10.9	0.3
4	14.2	14.3	-0.1
5	11.8	10.7	1.1
6	6.4	6.6	-0.2
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$\bar{X} = 11.04$	$\bar{Y} = 10.63$	$\bar{D} = 0.41$	
$s_x = 2.52$	$s_y = 2.45$	$s_D = 0.39$	

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A histogram of the  $n = 10$  differences suggests the **normality assumption** is tenable.



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a) Carry out a **paired  $t$  test**, with  $\alpha = 0.05$ , to decide if there's **any difference** in wear for the two the materials.

**Hint:** You should get  $t = 3.324$  and **p-value = 0.0089**.

b) If you found a difference in Part a, which material is preferred?

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- The **differences**  $D_1, D_2, \dots, D_n$  will be **normally distributed** if the  $X_i$ 's and  $Y_i$ 's are drawn from **normal** populations.

**Proposition**

Suppose  $X_i \sim N(\mu_1, \sigma_1)$  and  $Y_i \sim N(\mu_2, \sigma_2)$ . Let

$$D_i = X_i - Y_i.$$

Then

$$D_i \sim N(\mu_d, \sigma_d)$$

where  $\mu_d = \mu_1 - \mu_2$  (and  $\sigma_d$  is discussed later).

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- The above fact holds because **linear combinations of normally distributed** random variables are **normally distributed** (and  $X_i - Y_i$  is a linear combination of  $X_i$  and  $Y_i$ ).

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**(Optional Section) Advantage of Matched Pairs Study Designs**

**Proposition**

It can be shown that

$$\bar{D} = \bar{X} - \bar{Y},$$

where  $\bar{D}$  is the sample mean of  $D_1, D_2, \dots, D_n$  and  $\bar{X}$  and  $\bar{Y}$  are the sample means of  $X_1, X_2, \dots, X_n$  and  $Y_1, Y_2, \dots, Y_n$ .

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- Compare the **paired  $t$**  and **two-sample  $t$**  test statistics (when  $m = n$ ):

**Paired  $t$  Test Statistic:**

$$T = \frac{\bar{X} - \bar{Y} - 0}{S_D / \sqrt{n}}$$

**Two-Sample  $t$  Test Statistic:**

$$T = \frac{\bar{X} - \bar{Y} - 0}{\sqrt{S_1^2/n + S_2^2/n}}$$

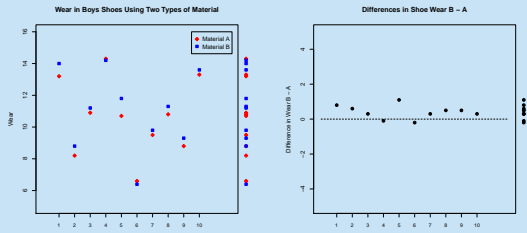
It can be shown that usually  $S_D^2 < S_1^2 + S_2^2$

(because  $\sigma_d^2 = \sigma_1^2 + \sigma_2^2 - \rho\sigma_1\sigma_2$ , where  $0 < \rho < 1$ ).

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**Example**

The figure below shows two representations of the data from the study comparing two materials for soles of boys shoes.



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Compare:

Material A:	Material B:	Differences
$S_1^2 = 6.35$	$S_2^2 = 6.00$	$S_D^2 = 0.15$

Compare:

Two-Sample $t$ :	Paired $t$ :
$t = 0.37$	$t = 3.32$
$df = 17$	$df = 9$
$p\text{-value} = 0.7165$	$p\text{-value} = 0.0089$

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**Paired  $t$  Confidence Interval for  $\mu_1 - \mu_2$**

**Paired  $t$  CI:** When the differences  $D_1, D_2, \dots, D_n$  in **paired samples** can be treated as a sample from a population whose mean is  $\mu_d (= \mu_1 - \mu_2)$  a **100(1 -  $\alpha$ )% paired  $t$  confidence interval for  $\mu_1 - \mu_2$**  is:

$$\bar{D} \pm t_{\alpha/2, n-1} \cdot \frac{S_D}{\sqrt{n}}$$

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- The CI is valid if either the sample of **differences** is from a **normal population** or  **$n$  is large**.
- In either case, we can be  $100(1 - \alpha)\%$  confident that  $\mu_1 - \mu_2$  will be contained in the CI.
- The CI is just the **one-sample  $t$  CI** based on the **differences**.

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### Exercise

For the boys' shoe wear data set, the **sample mean** and **standard deviation** of the **differences** was

$$\bar{D} = 0.41 \quad \text{and} \quad S_D = 0.39.$$

- Give the (point) **estimate** of the true difference in means  $\mu_1 - \mu_2$  (or  $\mu_d$ ).
- Compute a **95% paired  $t$  CI** for  $\mu_1 - \mu_2$  (or  $\mu_d$ ).  
**Hint:** Using  $t_{0.025,9} = 2.262$ , you should get **(0.116, 0.704)**.
- Does the CI contain the value **zero**? What does this say about the shoe wear for the two materials?

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